

# Hiker-Biker Camping

## Peter Lougheed Provincial Park

## Spray Valley Provincial Park

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**Hiker-bikers are recreationists who under their own power and without support from a motorized vehicle, travel through Kananaskis Region.**

Alberta Parks provides long distance, self-powered, non-supported recreationists a camping area compatible with their transportation mode in proximity to an established long-distance route at the following location:

### Spray West Campground

- Located approximately 21 km south of Canmore along the High Rockies Trail.
- No turn away policy for hiker-bikers at Spray West during campground operation (May 19 to September 20).
- Facilities include food lockers, bike maintenance tool stand, washroom and a self-registration kiosk.
- Hiker-bikers always welcome to stay at other available campgrounds.
- The maximum length of stay is 16 nights.

### Buller Mountain Day Use and Sawmill Day Use

- Buller Mountain Day Use is located approximately 58 km south of Canmore along the High Rockies Trail.
- Sawmill Day Use is located approximately 96 km south of Canmore along the High Rockies Trail.
- These camping areas operate from June 1 to September 20.
- One night stays only.
- Camping permitted between 6 pm and 9 am.
- No turn away policy for hiker-bikers while the site is operational.
- Facilities include food lockers, washroom and a self registration kiosk.
- The purpose of these sites is to provide minimal facilities for safe overnight stay. Plan to camp at the regular Kananaskis Campgrounds for extended stays.

## Pocaterra Overflow

- Located approximately 1 km north of the Peter Lougheed Discovery Centre on the Kananaskis Lakes Trail.
- Pocaterra Overflow open when the other campgrounds within the Peter Lougheed Facility Zone are full.
- One night stays only.
- Campers wishing to stay multiple nights in the Peter Lougheed Facility Zone will be moved to other formal campgrounds by 9 am, if sites are available.
- Facilities include food lockers, bike maintenance tool stand, washroom and a self-registration kiosk.
- Hiker-bikers always welcome to stay at other available campgrounds.

- Long distance recreationists are welcome to camp in any available designated campground. Kananaskis Parks are very busy summer destinations and some planning is recommended; some campgrounds require reservations.
- Kananaskis Region is the busiest in the Alberta Parks system, and the Kananaskis Lakes is the busiest area in Kananaskis. All of these campgrounds are busy in the summer months, especially on weekends. Embrace being social and being surrounded by welcoming Albertans who would love to hear about your adventures. Plan to arrive mid-week if possible when campgrounds are less likely to be full.