



The Best of The Great Trail  
Volume 2  
Michael Haynes  
**Travel, Trail Guides**  
9781773100326 pb  
\$29.95 / 342 pages / 5.5 x 8.5  
Pub Date: 11 June 2019

More information:  
Nathaniel Moore  
publicity@gooselane.com  
**888-926-8377**



## BOOK RELEASE

**From Victoria to Thunder Bay, the ultimate companion to the western routes of the TransCanada Trail.**

**Considered by some to be the bible of trail guides, Michael Haynes's *The Best of The Great Trail* unites Canada, its beauty and enigma, one footstep at a time.**

Hiking guru Michael Haynes continues his national trail odyssey and follows The Great Trail through the forests and coasts of Vancouver Island, through Victoria and Vancouver before heading east into British Columbia's mountainous interior. It expands eastward to the foothills of Alberta, through the grasslands of Saskatchewan and Manitoba, and finally along the unforgiving shoreline of Lake Superior

With beautiful colour photographs and comprehensive trail descriptions for each featured section, as well as GPS coordinates, full-colour maps, and informative accounts of points of interest along with way, **The Best of the Great Trail, Volume 2** explores the landscapes of western Canada in their variegated glory.

Whether you are an armchair hiking enthusiast or die-hard weekend warrior, this guide has something for everyone. Easy-to-access materials include trail instructions, maps, GPS coordinates, distance, access information, and an introduction on topics such as topography, trail etiquette, as well as:

- Seasonal tips
- Region-by-region hiking analyses
- Hazards and cellphone coverage
- Must-see scenic vistas, flora, and fauna

### **About the Author**

**Michael Haynes** is one of the leading authorities on trail development in Canada and Europe. He is the author of numerous trail guides covering Nova Scotia, Prince Edward Island, Western Québec, and the National Capital. He is also a regular commentator for CBC Radio. He now lives in Ottawa, where he is researching yet another new trail guide.